

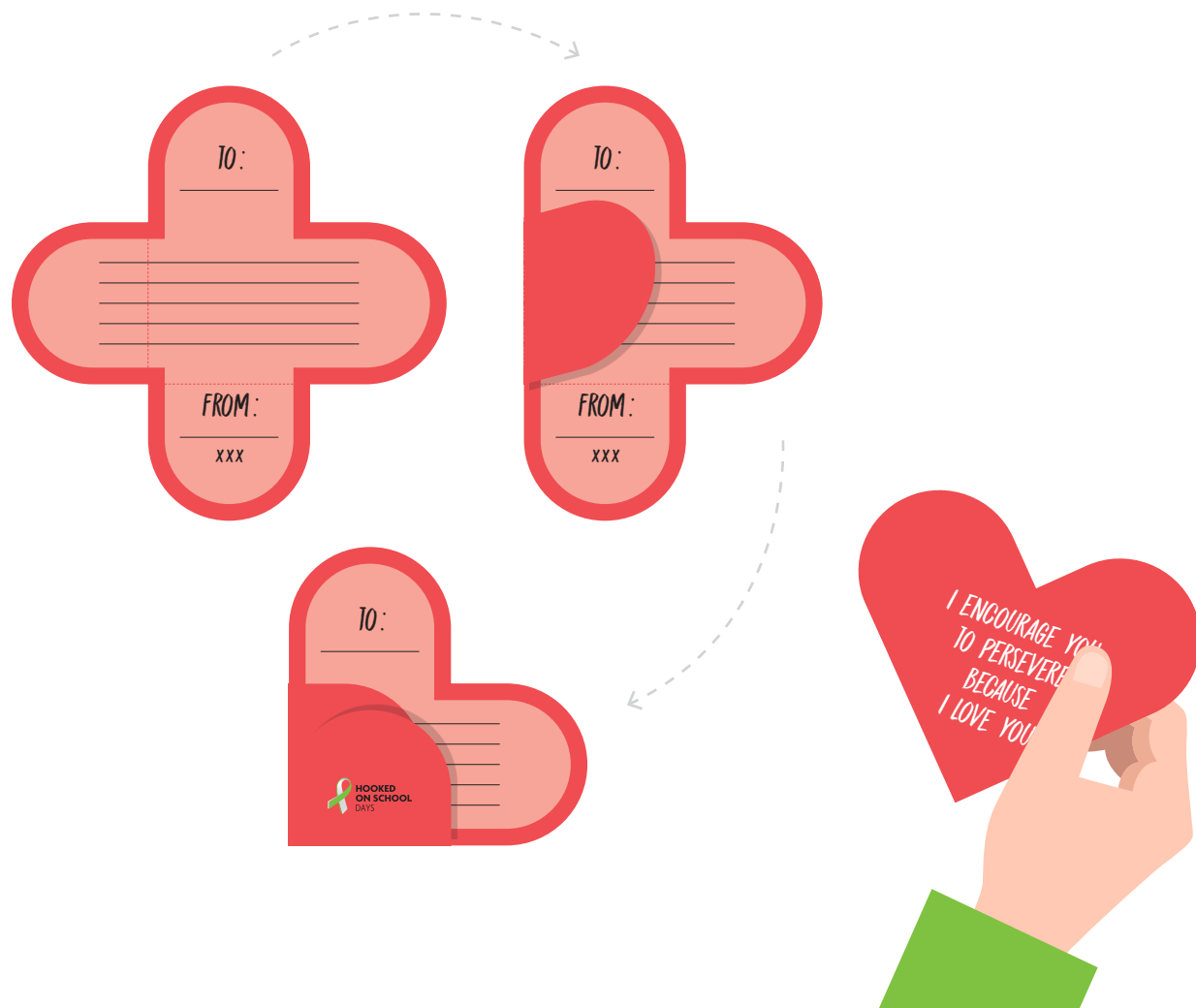
## ACTIVITY SHEET

# HEART +

**Activity idea: daycare; elementary cycles 1, 2, and 3; high school**

Because to encourage a young person is to love them, we suggest the Heart +, which connects Hooked on School Days with Valentine's Day.

Use the recto-verso printable Heart + for your own valentines messages, send copies to parents so they can write to their children, or urge students to write notes of encouragement to each other.



I ENCOURAGE YOU  
TO PERSEVERE  
BECAUSE  
I LOVE YOU.



TO:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

FROM:

\_\_\_\_\_

XXX