

### **PREPARATION:**

Place the benches or the rink boards to form a square that is open on the side facing the public. The minimum room to improvise should be 4 meters by 4 meters.

Players split into 2 teams, each with a maximum of 6 players. Each team names a captain; they will represent the team when speaking to the referee, whether it is to contest a penalty or to choose which team starts before compared improvs.

The referee is the game master. They will announce the themes and restrictions of the skits that the teams will perform.

Players must perform inside the play area (rink), and cannot leave it.



## **HOW IT WORKS :**

Before each improv, the referee announces the theme, one step at a time:

- 1- Nature of the improv (mixed or compared)
- 2- Theme of the improv
- 3- Number of players
- 4- Category
- 5- Duration

Players gather for a short huddle (30 seconds), then take place in the rink. The referee whistles to mark the start of the skit. (When the improv is compared, the puck will be used (for heads or tails) after the huddle, to determine which team gets to decide who starts.)

When the time is up, the referee whistles to mark the end of the skit.

After both teams (either together or one after the other) have performed, it's time to vote! Spectators must vote for what they liked best, whether with open hand and fist, or with small cards of different colors. The team with the most votes gets one (1) point.

The usual duration of a match is 12 improvs. But there can be more or less, to your preference.

### **NATURE OF THE IMPROV :**

**Compared**: The teams take turns to improvise on the same theme. The team that wins the heads or tails (with a puck or a coin), chooses to go first or not. No communication is allowed within the team during the other team's improv.

**Mixed**: One or two players from each team improvise together on the given theme.

## **CATEGORIES :**

Most improvs are freestyle. However, it can be fun to include precise categories, to push players to use their imaginations and their knowledge to respect a given theme.

As examples of most played categories, let's note "Singing", "Rhyming", "In the style of..." (going from pop culture phenomenons like "In the style of the series Friends", to less popular items like "In the style of a greek tragedy"), and Dramatic.

### **PENALTIES**:

Penalties are given by the referee when they judge that a game rule was broken by one team or the other. Each penalty gives the other team one (1) point.

Minor penalty: Penalty given when the referee judges that a rule was broken, but the impact on the game was minor.

Major penalty: Penalty given when the referee judges that a rule was broken, and the impact on the game was important. A major penalty counts as two penalties in the player's or team's stats.

Only the captain of a team has the right to ask the referee for explanations regarding a penalty. This discussion must take place in the center of the play area.

The **dramaction.qc.ca** website (in French) is full of information about improv, with ideas and explanations of dozens of categories, for example.

# And remember that the most important thing is to have fun!

## THEMES AND RESTRICTIONS FOR THE SCHOOL PERSEVERANCE IMPROV GAME!

Nature: Compared Theme: My dreams make me... Number of players per team: 1 Category: Freestyle Duration: 30 seconds

Nature: Mixed Theme: Very particular help... Number of players per team: 2 Category: In the style of a Francophone Duration: 2 minutes

Nature: Compared Theme: Recipe for happiness Number of players per team: Unlimited Category: Musical Duration: 1 minute 30 seconds

Nature: Mixed Theme: Perseverance is contagious: spread it! Number of players per team: Unlimited Category: Science-fiction Duration: 3 minutes

Nature: Mixed Theme: Even when it's hard, I keep going! Number of players per team: 3 Category: Western Duration: 2 minutes Nature: Compared Theme: When I think I can do it! Number of players per team: 2 Category: Singing Duration: 2 minutes

Nature: Compared Theme: Your school, my school, our school! Number of players per team: 1 Category: Theatrical Duration: 1 minute 30 seconds

Nature: Mixed Theme: Reading, my secret pleasure... Number of players per team: 2 Category: Rhyming Duration: 1 minute 30 seconds

Nature: Mixed Theme: A teacher that makes a difference Number of players per team: 3 Category: Freestyle Duration: 3 minutes

Nature: Compared Theme: I'm switching schools, but... Number of players per team: 4 Category: Advertisement Duration: 1 minute

#### THEMES AND RESTRICTIONS FOR THE SCHOOL PERSEVERANCE IMPROV GAME!

Nature: Compared Theme: Fun now, or great things later? Number of players per team: Unlimited Category: Freestyle Duration: 1 minute

Nature: Mixed Theme: Making efforts is making you strong! Number of players per team: Unlimited Category: Singing Duration: 2 minutes

Nature: Mixed Theme: When I grow up... Number of players per team: Unlimited Category: In the style of a young child Duration: 2 minutes

Nature: Compared Theme: The perfect school Number of players per team: 2 Category: In the style of a documentary Duration: 2 minutes Nature: Compared Theme: Training my persevering dragon Number of players per team: Unlimited Category: In the style of a Viking Duration: 2 minutes

Nature: Compared Theme: School is more than just classes! Number of players per team: 3 Category: Freestyle Duration: 1 minute 30 seconds

Nature: Mixed Theme: What if Bill Gates had dropped out? Number of players per team: Unlimited Category: Dramatic Duration: 2 minutes

Nature: Compared Theme: How to prepare for exams Number of players per team: 2 Category: Advertisement Duration: 1 minute