It's wonderful to have lots of **interests**. But **learning how to balance** them with other parts of life, like school, is a key to being **successful**.

LAURENT DUVERNAY-TARDIF



We may not always be able to reach our goals, but we can always learn lessons from our experiences.

LAURENT DUVERNAY-TARDIF



Strength does not come from physical capacity. It comes from an **indomitable will.**





It always seems impossible until it's done.

NELSON MANDELA



Fall down seven times, stand up eight.

JAPANESE PROVERB



The most difficult thing is the decision to act, the rest is **merely tenacity.**

AMELIA EARHART



Rowing forward, one stroke at a time.

MYLÈNE PAQUETTE



Success is not final, failure is not fatal: it is the **courage to continue** that counts.

WINSTON CHURCHILL



Life is not easy for any of us. We must persevere and, above all, have confidence in ourselves. We must believe that we are gifted for something and that this thing must be attained, whatever the cost.



